



Frequently Asked Questions



Men's Program



Women's Program



Futsal Program

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About CUSA

What soccer programs does Calgary United Soccer Association offer?

Calgary United Soccer Association (CUSA) is proud to offer Men's, Women's, Co-Ed and Futsal programs for all skill levels during the Outdoor and Indoor seasons. Our programs have divisions for brand new non-competitive players all the way to very competitive, highly experienced veterans. We also offer age-restricted leagues for older soccer players in our Men's, Women's and Co-Ed programs.

What levels of play does CUSA offer?

CUSA is a promotion and relegation based league. This means that brand new teams begin in the lowest division and earn their way into the higher divisions. Our competitive divisions qualify teams for Provincial and National Championships during the Outdoor and Indoor seasons. Our recreational divisions give players a chance to develop their skills and play for life.



Men's Program

Division Offerings	Open Division (16 Plus)	Master's Division (35 Plus)	Over 45	Over 55
Competitive – Provincial Divisions	AMSL/Major Premier Division 1 Division 2 Division 3	Elite Premier		
Recreational – Non-Provincial Divisions	Division 4 Division 5 Division 6	Division 1 Division 2 Division 3 Division 4	Division 1 Division 2 Division 3 Division 4	Division 1 Division 2



Women's Program

Division Offerings	Open Division (16 Plus)	Classics Division (30 Plus)	Over 40
Competitive – Provincial Divisions	AMSL/Major Premier Division 1 Division 2 Division 3	Major Premier	
Recreational – Non-Provincial Divisions	Division 4 Division 5 Division 6	Division 1 Division 2	Division 1 Division 2



Division Offerings	Open Division (18 Plus) *
Competitive	 Austria and Belgium
Semi-Competitive	 Canada and Denmark
Intermediate	 Ecuador and Faroe Islands
Recreational	 Ghana and Honduras
Ultra-Recreational	 Ireland and Japan

* Over 30 Divisions May Be Available Pending the Number of Registered Teams

The Co-Ed Outdoor Program is Available for Competitive and Recreational Divisions



Futsal Program

Division Offerings	Men's Open Division (16 Plus)	Women's Open Division (16 Plus)
Competitive	Offered – Opportunity to Qualify for National Championships	Offered
Recreational	Offered – Best Suited for Brand New Team to Futsal	Offered – Best Suited for Brand New Team to Futsal

What are CUSA's office hours?

Our current office hours are Monday to Thursday 9:00am to 5:00pm and Fridays 8:00am to 4:00pm. On business days before long weekends, the office closes at 2:00pm. During the first couple weeks of the season and holidays, these hours may change. Please refer to our website to confirm our office hours.

How can I make payments?

CUSA accepts payments in a variety of means. Teams may pay their team fees online via credit card. Payments in-office can be made via credit card, debit card, cash or cheque.

I can only play on one day of the week, is that possible to do?

Unfortunately, the facilities and fields that CUSA plays on are limited and we cannot guarantee that a team only plays once a week. Teams are expected to be available to play 7 days a week. Prior to the season, teams can make scheduling requests of days they prefer to play or dates they cannot play. The league will try to accommodate these requests but cannot guarantee each request is adhered to.

Does your league play on Long Weekends?

No, CUSA does not schedule any games on most Long Weekends. Games will likely not be scheduled on the Family Day, Easter, Victoria Day, Canada Day, August Civic Holiday, Labour Day and Thanksgiving Long Weekends. Games are traditionally scheduled on the Remembrance Day Long Weekend. During the Indoor season, the league will take a break between Christmas and New Years and will not schedule any games. The Winter Break dates change every year and will be announced prior to the Indoor season.

Will I have to play outside of the City of Calgary?

CUSA accepts team registrations from teams that are based outside of Calgary, such as Airdrie, Cochrane, and Okotoks. Teams that are in a division with one of these teams can expect 1 to 2 games outside of Calgary. Although it is not expected, teams that do not have an out-of-Calgary team in their division may be scheduled at these fields if the circumstances require it.

When is the Outdoor/Summer Season from? What fields do you use?

The Outdoor/Summer season begins on the first weekend of May and runs until Thanksgiving in October. The Men's and Women's Outdoor Programs use Natural Grass and Artificial Turf Fields at Athletic Parks throughout Calgary as well as various out-of-Calgary fields. The Co-Ed Outdoor Program plays on Artificial Turf Fields throughout Calgary. The Co-Ed Indoor Program exclusively plays at the Calgary Soccer Centre.

When is the Indoor/Winter Season from? What fields do you use?

The Indoor/Winter season begins after Thanksgiving in October and runs into early April. The Co-Ed program begins league play after Thanksgiving while the Men's and Women's Programs host a Pre-Season Cup in October. The Men's, Women's and Futsal Programs begin league play on November 1st. The Men's, Women's and Co-Ed programs use the Calgary Soccer Centre, Calgary West Soccer Centre and Genesis Centre as their facilities, as well as various out-of-Calgary facilities.

How do I find the field name and its location? How do I know if a field is open?

You can find a map to the field by looking at your team schedule online. If you click the game, a link to a map will appear. During the Outdoor season, rain and thunderstorms may force the cancellation of games. If a field is closed by 4:00pm on Weekdays or 9:00am on Weekends, the field can no longer be re-opened that day. A field can be closed at any time; it is recommended that teams and players check the field status before they leave for the field. Please go to our [Facility/Field Information](#) page on the website for links to check field statuses. In the Indoor season, CUSA has an [Inclement Weather Policy](#) for out-of-Calgary teams travelling into Calgary and Calgary teams travelling out-of-Calgary when severe weather is a factor.

Why does the league request an email address?

The online program the league utilizes requires a unique email address for all participants. It will be used as access to your member profile and is also the means by which the system can send you updates to your schedule. The league **does not** share or sell the email or membership list to third parties.

Player Information

How old do I have to be to play in CUSA?

The minimum age to register in the Men's, Women's and Futsal programs is 16 years old, there is no maximum age. Players who are of this minimum age and also under 18 **MUST** have parental/guardian consent signed on their registration form. Teams can register an unlimited number of minimum age players. The Co-Ed program minimum registration age is 18 years old.

If I am under the age of 18, can I also play within a Youth/Minor Soccer Organization?

Youth/Minor players can participate in both CUSA and Youth Soccer League in the same season through a variety of means. It is important that the youth player consider which option is best suited to their personal situation.

Option 1 – Register into a Youth League and Guest Play into CUSA

A player may register into a Youth Soccer League and guest play onto any Open Division team a maximum 6 times per team. The player's Youth Coach must sign the [Restricted Movement Pass](#) and use their Youth Soccer Player Card to be eligible to play for each game. No club restrictions!

Option 2 – Register into Both Youth Soccer and CUSA

A player may register into both a Youth Soccer League and CUSA in the same season. The player must sign into the Youth Soccer League first in order to be eligible for both leagues. The player would not be able to guest play as a Youth Soccer Player into CUSA.

Option 3 – Registering only into CUSA

Players may choose to only play Senior Soccer. If a player signs into a Senior Soccer League first then they will not be eligible to play in a Youth Soccer League over the course of that season.

I am a new player, how can I find a team?

CUSA is structured that teams will register into our league and it is up to the team to build their roster. A team consists of a minimum of 12 players and a maximum of 25. Up to 20 players may dress and play in one game. For players that do not have a team, CUSA offers Team Postings pages for players to contact teams, as well as a Player Registry for teams to contact players.

[Team Postings - Men's, Women's, and Futsal](#)

[Team Postings – Co-Ed](#)

[Player Registry](#)

How do I register if I have never played in CUSA before?

New members **MUST** come to the office with a piece of government pictured ID (driver's license, passport) and \$20.00, and then fill out a registration form. Be prepared to have your picture take for your ID card. If you are going to be a player and a coach, we would encourage you to have two cards made, one for each role.

What equipment do I need to play in CUSA?

[FIFA Equipment Rules](#) must be adhered to. Players must wear shin guards, appropriate footwear and uniforms. Uniforms are to be provided by the team. In the Outdoor season, cleats or turf shoes are acceptable. In the Indoor season, turf shoes or indoor shoes are acceptable. In the Futsal program, play is on hard court surfaces and indoor shoes are acceptable. We recommend checking out these stores if players need equipment:

[Fisher's Soccer Shack](#) – Show your CUSA card and get 10% off certain restrictions may apply

[Kicks Sports](#)

How do I register if I am a returning CUSA member, remaining with the same team and/or club as before?

All players and team officials must register for every season. There are a variety of options to register:

Option 1 – Register Online if the Coach/Manager Sends an Email Invitation

BonziTeam is a team communication tool available for teams and players to register, look at their schedule and roster, and communicate with their teammates. Coaches and Managers have the option to send an email invitation to register players online. When a player receives an email invitation, they click the link in the email, log into the account and follow the steps to register.

Option 2 – Email a registration form

Players can print off the [registration form](#) on our website and email the form into the office.

Option 3 – Fill out a registration form In-Office

How do I register if I am a returning CUSA member, but am changing teams and/or clubs?

All players and team officials must register for every season. The registration process is the exact same as a returning player returning to the same team and/or club as before. Players are required to change their player card to the correct team and/or club.

Once the player has registered, anyone may come to the office to get a new player card. We will have the player's photo on file so anyone may get the new card. If the old player card is brought into the office, the charge is \$10.00. If the old player card is not brought into the office, the charge is \$25.00.

What is the last day a player can register?

There is no deadline for players to register. Players need to have agreed to the waiver and have a valid player card prior to playing in their first game of the season. A player can register 5 minutes before their game and still be eligible to play, as long as they have a valid player card for their team.

To be eligible for Provincial Championships, players must be registered a minimum of 7 days prior to the start of the competition. To be eligible to participate in any promotional challenge games, you must be on your team's roster prior to the team's final league game of the season.

Can I play on teams other than my own?

Some teams and divisions may allow for guest playing on other teams to occur. It is the **responsibility** of the team and the player to ensure they are eligible to play. Players must be registered into the program that they want to guest play into. This means that if a player is only registered in the Men's Program, they could not play into the Co-Ed or Futsal programs. For a full list of guest player rules, please refer to the Rules and Relegations on our websites.

How do I change teams?

Between Seasons – Outdoor to Indoor, Indoor to Outdoor

Between each season, all players are considered free agents and can move to a new team and/or club free of charge. The only cost could be for your new team and/or club's player card. CUSA will block player registrations if the player owes their old team fees and/or uniforms from the previous seasons.

In-Season – After Completing the Registration for the Season

Players who are currently registered with a team and wish to transfer to another team must complete a player transfer form. There are two types of transfers: [In-Club Transfers](#) and [Non-Club Transfers](#). In-Club Transfers are within the same club (i.e. Callies Major to Callies Bhoys). The In-Club Transfer Form needs to be completed by the Coaches of the two teams. The cost to transfer In-Club is \$10.50. If you transfer from a higher division team to a lower division team, you are giving up your right to guest play back into the higher division team even if the guest player rules allow for it. By transferring out of a division, you are stating that you do not want to play in that division.

Non-Club Transfers are not within the same club (i.e. Villains Major to Callies Major). The Non-Club Transfer Form needs to be completed by the team the player currently is registered to and the team the player is transferring to. The player, or someone else, may come into the office with the signed form to complete the transfer. The cost to transfer Non-Club is \$26.25. If you transfer from a higher division team to a lower division team, you are giving up your right to guest play back into the higher division team even if the guest player rules allow for it. By transferring out of a division, you are stating that you do not want to play in that division.

What is the last day I can transfer teams?

The last date a player can transfer in the Outdoor season is July 31st, or the business day prior to July 31st if that date falls on a weekend. The last date a player can transfer in the Indoor season is January 31st,

or the business day prior to January 31st if that date falls on a weekend. Please check the website for the specific date.

I received a red card in a match. What is the discipline process?

Most discipline actions are handled administratively. Some discipline actions are of a more serious nature and may go directly to the Discipline Committee for their consideration. Once the office has received a copy of the Referee's Misconduct Report, a copy will be sent to the player and their coach via email. If you have not heard from the office within 5 business days of the red card, please contact us.

Offenses will either be classified as Discipline by Review (DBR) or Discipline by Hearing (DBH). DBR is handled administratively and is the most common discipline classification. Administration receives the Referee's Misconduct Report and applies the Discipline Code based on the report. The individual may either appeal the decision to the Discipline Committee or accept the result. If they accept the result, administration will reduce the suspension by one game but they lose the right to appeal further. If they request to appear before the Discipline Committee, the one game is added back on, but they gain the right to appeal further. DBH is for serious offenses and automatically requires the individual to appear before the Discipline Committee.

The Discipline Committee **only** meets on Thursday nights. The Committee is made up of a Member at Large (either a player or coach from the league), a Referee, and a Chair, who has served on the Committee at least 5 times. The Committee is made up of volunteers, they are giving up their time to hear your version of events and come up with a decision. You **cannot play** until the suspension has been served, and any fine or bond has been paid. The Discipline Code is posted online and will give an indication of possible penalties for various infractions.

Team Information

How do I register a new team into CUSA? How much does it cost?

Registration for the Outdoor season is from January to March, and for the Indoor season is from August to September. Registration may be completed in-office or online. Team fees for new teams will be around \$4,000 for the Men's, Women's and Co-Ed programs. These fees will change on a season-to-season basis. At the time of registration, a \$1,000.00 non-refundable deposit is required in order to secure a spot in the league. The remainder of the fees is due closer to the season start dates.

Player registration traditionally opens 2 weeks prior to the season start, in April for the Outdoor season and October for the Indoor season. By the time of your first game, you need 12 players on the roster and you must maintain that minimum throughout the season. The maximum you can have on the roster is 25, with a maximum of 20 players dressed for any one game.

What division should I register my team for?

All CUSA programs are promotion and relegation based, so all new teams enter the league in the lowest division and earn their way up to the higher divisions. It should be noted that the division a team is requesting to play in may not be the division they end up in. The Board of Directors approves the alignment.

At the time of registration, we recommend all teams to request to play in the division they want to play in. Depending on the number of teams not returning, there may be a chance for that team to move into a higher division. CUSA does not facilitate the negotiations between teams that are not returning that wish to give away their spot in a higher division. All teams are assumed to be returning until the final day of team registration.

What are the uniform requirements for CUSA teams?

All teams must have a set of primary and alternate jerseys. In the Men's, Women's and Futsal Programs, teams **must** have 2 sets of numbered jerseys. Pinnies or t-shirts are not acceptable, and the numbers must be permanent and not taped on. In the Co-Ed Program, pinnies are acceptable as an alternate set of jersey. It is the responsibility of the team to ensure that their team colors are displayed properly on the website and that they are prepared to play in posted colors. If there is a conflict, the Home Team must change. For uniform stores, please contact:

[Fisher's Soccer Shack](#)

[Kicks Sports](#)

Should I attend the Manager's Meeting?

The Manager's Meeting is traditionally held 2 weeks prior to each season. It is **non-mandatory** to attend but it is highly recommended a team representative be present. We will go over any rule changes and season reminders. It is also the first chance for teams to pick up their team package. Team packages included game sheets and is also the **first chance to see the schedule**. The schedule is released in paper copy at the Manager's Meeting and is uploaded online within a week of the meeting.

Can a player play in CUSA and a Minor Soccer League at the same time?

Youth/Minor players can participate in both CUSA and Youth Soccer League in the same season through a variety of means. It is important that the youth player consider which option is best suited to their personal situation.

Option 1 – Register into a Youth League and Guest Play into CUSA

A player may register into a Youth Soccer League and guest play onto any Open Division team a maximum 6 times per team. The player's Youth Coach must sign the [Restricted Movement Pass](#) and use their Youth Soccer Player Card to be eligible to play for each game. No club restrictions!

Option 2 – Register into Both Youth Soccer and CUSA

A player may register into both a Youth Soccer League and CUSA in the same season. The player must sign into the Youth Soccer League first in order to be eligible for both leagues. The player would not be able to guest play as a Youth Soccer Player into CUSA.

Option 3 – Registering only into CUSA

Players may choose to only play Senior Soccer. If a player signs into a Senior Soccer League first then they will not be eligible to play in a Youth Soccer League over the course of that season.

How do I know if my players are registered?

CUSA uses an online communication system that allows teams and players to check rosters and schedules, and make communications with the team. Use our [Coach Guide – Registration of Players](#) for more information.

What is the last day a player can register?

There is no deadline for players to register. Players need to have agreed to the waiver and have a valid player card prior to playing in their first game of the season. A player can register 5 minutes before their game and still be eligible to play, if they have a valid player card for that team.

To be eligible for Provincial Championships, players must be registered a minimum of 7 days prior to the start of the competition. To be eligible to participate in any promotional challenge games, you must be on your team's roster prior to the team's final league game of the season.

What is the last date I can transfer or remove players?

The last date a player can transfer or be removed off a roster in the Outdoor season is July 31st, or the business day prior to July 31st if that date falls on a weekend. The last date a player can transfer or be removed off a roster in the Indoor season is January 31st, or the business day prior to January 31st if that date falls on a weekend. Please check the website for the specific date.

Can I use players registered on other teams to play on my team?

Teams may use up to 4 guest players per league game. Some divisions may allow for guest playing to take part. There may be guest player usage restrictions in non-league games, such as City Cups,

Promotional Challenges, etc. It is the **responsibility** of the team and the player to ensure they are eligible to play. Players must be registered into the program that they want to guest play into. This means that if a player is only registered in the Men's Program, they could not play into the Co-Ed or Futsal programs. For a full list of guest player rules, please refer to the Rules and Relegations on our websites.

Are game sheets required for games?

Yes, game sheets are required for all league games. These game sheets are provided in the team packages given out prior to the season. We use carbonless copy paper that allows for game sheets to only be filled out once, and all parties receive the same copy after the game. CUSA does not offer game sheets to be completed online. Our process ensures that both teams, the league and the referee receive the same copy of the game sheet, and game statistics cannot be disputed. We welcome teams to print a sticker of their roster and place on the each copy of the game sheet, instead of writing the roster out each time.

All players playing in the game are required to be listed prior to the start of the game. Once the game has begun, no changes may be made unless it is to strike a player's name out if they will no longer be attending. Players may arrive and play anytime prior to the start of the second half. Any player that has not been stricken off the game sheet will have been determined as played. Coaches are required to print their name in the Coach Section of the game sheet. If the Coach is not able to make the game, any representative from the team **must** sign their name in the Coach Section. In the event there is an issue with the game, the league needs to know who to contact with questions.

What do I do with game sheets after the game? The score of my game has not been updated yet, what do I do?

CUSA recommends teams to check over the game sheets before the Referee gives back the copies to ensure the accuracy of the score, goal scorers and yellow/red cards. Administration cannot make any changes to game sheets.

The Referee is responsible for the submission of game sheets to the CUSA office; however, should you notice the results have not been updated online within a week, please provide your copies of the game sheets to the office. There are several game sheet drop boxes throughout Calgary. It may take 1-2 weeks for game sheets to arrive in the office depending when and where the game sheets are dropped off.

Any listed coach on the roster has the option to use the Coach Score Entry to enter scores and game statistics right after a game. By entering their email and the Season Password into the Coach Score Entry function, the coach can update the scores and game statistics rather than waiting for the office to receive the game sheets. It can potentially take up to 3 weeks after a game for the office to score and enter the game statistics.

What happens if the referee does not show up for a game?

In the Men's, Women's and Futsal Programs, if the referee does not show up within ten minutes of the game time for the Outdoor season and five minutes for the Indoor season, a coach or designate may referee the game if both teams agree. Both teams must sign off on the game sheet if this is the case, and the league will accept the results of the game. Teams in these programs may also choose to have the game rescheduled instead.

In the Co-Ed Program, there **must** be a game even if the referee does not show. The league will not reschedule the game.

What are the requirements around supplying an Assistant Referee (AR) for our game?

In non-provincial Outdoor games, teams have the option to pay extra to get the league to assign ARs for each game, or the team will be required to use a club-assigned AR. The individual must be 16 years or older to run lines for the game. For provincial Outdoor games, if one AR does not show then the home team must supply an AR. If both ARs does not show, then both teams supply an AR. In the Indoor season, the home team supplies an AR if they do not show.

What is the Fair Play Award?

After each game, the referee gives both teams a rating from 0 to 10 on their sportsmanship and fair play. At the end of the season, the top 2 teams in each division wins the Fair Play Award. \$50.00 of each team's fees goes towards the Fair Play Award. The 1st place team in Fair Play wins 65% of that pool and the 2nd place team in Fair Play wins the remaining 35%. The monetary award will be credited back to the team to use in future seasons.

Teams can earn a bonus 2 Fair Play Points by completing the Referee Evaluation Form within 2 weeks of their game. This bonus is only applied once per game which means that reviewing both the Referee and Assistant Referee(s) only gives a team 2 Fair Play Points. Teams also lose Fair Play Points by receiving cards, or any other on-field or administrative discipline.